

SAINT SOPHIA

*Cathedral
Communiqué*



JANUARY 11, 2015

Sunday after Epiphany

FOUNDATION BOARD OF TRUSTEES

EXECUTIVE OFFICERS

George E. Preonas, President; Andrew Evangelatos, Executive Vice President; James A. Demetriou, PhD, Vice President & C.F.O.; Constantine M. Boukidis, Secretary; Tina Callas, Treasurer

MEMBERS

V. Rev. Fr. John S. Bakas; Nicholas Bissias; Timi Loomos Freshman; Alek Haidos; Steven C. Hanna; Michael Huffington; Gig Kyriacou; Brent A. Noyes; John T. Pappas; Jim Zaferis

PRESIDENTIAL APPOINTMENTS

Anthony A. Demetriou, Presidential Assistant; John G. Marakas III, Sr. V.P. of Wells Fargo, Advisor to the Board; Andrew J. Demetriou, Foundation General Counsel

PARISH COUNCIL BOARD OF DIRECTORS

EXECUTIVE OFFICERS

Brent A. Noyes, President; Irene Andreadis, Recording Secretary; Karen Sarames, Corresponding Secretary/Legal

MEMBERS

Bertha Angels; Jeanine Hanna; Glenn Lianos; Eleni Constantine Manolelis; Loula Moschonas; Peter Pallas; Dean Peratsakis; Dorothy Spirus; Tom Ward; Anna Yallourakis

BOARD OF AUDITORS:

Jim Ananias; Anthony A. Demetriou; Tom Moore

Saint Sophia Cathedral
1324 S. Normandie Ave
Los Angeles, CA 90006

Office: 323.737.2424
Fax: 323.737.7029
www.stsophia.org/bulletin

When you write your will or update it, won't you please remember Saint Sophia Cathedral? Such a gift will live forever as our church ministers to our spiritual needs. It's an investment in the Gospel of Jesus Christ.

PHILOPTOHOS NEWS

HAPPY NEW YEAR!

VASILOPITA: Please join us today after church in the Maniatakos Hall for the cutting of the Vasilopita! Let's have a great start to the New Year!

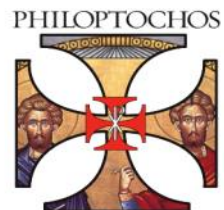
GENERAL ASSEMBLY: Our next General Assembly meeting will be on Sunday, January 25th immediately after liturgy. Dr. Aristotle Economou, author of 'CHANGE THE WAY YOU HEAL' will be speaking to us. His lecture will be "Add Years to Life and Life to Years: How to boost your immune system and Tips to Increase Energy for a more active lifestyle". Please join us! Lunch will be available. Let's get together to say hello and have a great start to our first meeting of the New Year.

Philoptohos wishes to thank all of you for a wonderful year. We've had a great time with our new projects that you have joined in and appreciate all of your donations, time and effort.

Happy New Year to everyone! Kronia Polla.

"For the poor you always have with you, but you do not always have me"
John 12:8.

**With love in Christ's service,
Virginia Noyes and
The Philoptohos Board of Directors**



PHILOPTOHOS V.I.P

Thursday, January 22: "Prizes and Surprises" with a delicious Lunch at our Fellowship Hall at 11:00 a.m. Donation \$12. Reservations are a MUST. Please call by Tuesday, January 20. Co-chairs Mersy Loukaris (323) 661-1592 or Petsa Schwartz (310) 822-6527.

In His Service

Athina Lolonis, VIP



48TH ANNUAL VASILOPITA DINNER ADANCE

THE HELLENIC SOCIETY OF CONSTANTINOPE
will celebrate their 48th ANNUAL VASILOPITA DINNER
DANCE ON SATURDAY, JANUARY 24, 2015 at the
Wilshire Country Club, 301 N. Rossmore Ave., Los Angeles

The evening will include music, dancing and the traditional
cutting of Vasilopita with the GOLD COIN, plus a
drawing for a 3 day cruise in Mexico for two. Will be honoring
James F. Dimitriou, Ph.D.

Cocktails at 5:30 pm and Dinner at 6:30 pm

For more information, please call Mary Morrison at
(818)500-0904 or Jeanette Owens at (323)660-5707

MINISTRY NEWS

SAVE THE DATE

1. **Sunday, January 18:** Saint Sophia Philoptochos Debutante Presentation Ball
2. **Thursday, January 22:** Philoptochos V.I.P Prizes and Surprises
3. **Saturday, January 24:** 48th Annual Vasilopia Dinner Dance
4. **Sunday, January 25:** Philoptochos General Assembly
5. **Saturday, January 31:** Greek Dance Groups Annual Glendi

THE WHY'S OF ORTHODOXY *FR. ALLAN BOYD*

This class is for you if you would like to deepen your understanding and practice of the Orthodox Christian Faith. All are welcome! Join us every Monday at 7:30 pm.

LIFE IN FAITH STUDIES *FR. JOHN BAKAS*

Increase your knowledge about our faith at our weekly Bible study class. You'll have a chance to ask Fr. John questions and engage in interesting discussions with your fellow parishioners in a casual setting. Don't miss this wonderful opportunity to grow in your faith. Classes meet in the General Assembly Room.

Women's Faith Studies classes **Mondays at 10:30 am.**

Men's Faith Studies class **Wednesday's at 10:30 am.**

OLD TESTAMENT *WITH FR. ALLAN BOYD*

Class meets every Thursday at 7:30 pm upstairs in the Huffington Center.

MINISTRY NEWS

ALCOHOLICS ANONYMOUS (AA) 12-STEP PROGRAM MEETING

Starting on Saturday January 17th at 10:30 am in the Huffington Center. AA is an fellowship of men and women whose primary purpose is to stay sober and help other alcoholics achieve sobriety. The scope of AA's program is to bring recovery from alcoholism through a spiritual awakening and it is completely in accordance with Orthodox principles and teachings. The format will be a 15 minute speaker followed by 45 minute sharing.

ATTENTION MIDDLE & HIGH SCHOOL STUDENTS!

The first Sunday of each month has been officially named Youth Sunday. In addition to a Sunday School student reading the Epistle, the Parish Council of St. Sophia Cathedral invites middle and high school students to volunteer in the Narthex during Divine Liturgy. Besides helping out with the candles and ushering, you may also assist in passing the baskets to the parishioners to collect their monetary donations. You'll be paired with a seasoned Parish Council member to train you. If you'd like to volunteer in the Narthex and/or pass the baskets, please sign up by contacting L.A.GreekChurchLady@gmail.com. Send your name, phone number, age and what day you'd like to volunteer. Please arrive at church at 9:45 a.m. so you may be trained. Upcoming dates: Feb. 1 and Mar. 1

The Parish Council



MINISTRY NEWS

JOY OF PARENTING CLASS

Join your fellow parishioners in a lively discussion of parenting of children of all ages, from toddlers to teens and beyond, Today, following Holy Communion, concluding at 12:15 p.m. Topic: "How to Interpret Your Child's Behavior." Come with your concerns and questions or just listen; there is no pressure to speak to the class. It's a wonderful way to get acquainted with other parents. There is no fee to attend. Classes are held in the Work/Study Room, upstairs near the left-hand side staircase, in the Huffington Center. The Joy of Parenting Ministry is facilitated by Barbara Kappos, LCSW and Nikolaos Stefanidis, Ph.D. To be added to the Joy of Parenting email list, please send your info to: L.A.GreekChurchLady@gmail.com. Upcoming topics: Jan. 25, "Preparing Your Child for College," Feb. 1, "Are You a Super Parent?" Feb. 8, "Because I Said So," Feb. 22, "Parents vs. Grandparents."

Planning Ahead:

Jan. 18: St. Sophia Philoptochos Debutante Presentation Ball, Beverly Wilshire Hotel

Jan. 22: Philoptochos V.I.P Prizes and Surprises

Jan. 31: Greek Dance Groups Annual Glendi, Maniatakos Hall

Feb. 1: Super Bowl Party

Feb. 21: Apokries (Greek Mardi Gras), fun for all ages, presented by our Parish Council

Apr. 25: Talent Show for all Ages, presented by our Parish Council

MINISTRY NEWS

TWO ENGLISH AND TWO BILINGUAL LITURGIES

It was announced at the last General Assembly meeting on Sunday, November 9th that beginning January 2015 the Divine Liturgy will be celebrated in English every first and third Sunday of the month. The second and fourth Sundays, the Divine Liturgy will be bilingual. The intent is to draw more people into participating in the Divine Liturgy. We must remember that the value of language is to transmit the message of Christ and the gospel in ways that are understandable by all.

ATTENTION SUNDAY SCHOOL FAMILIES

You have special seating reserved for you right up front in the Cathedral every Sunday. Reserved are the first two pews on the left side. Do take advantage of this beautiful view of the Divine Liturgy. Your children will likely be more engaged in the service.

BASKETBALL IN OUR GYM

EVERY MONDAY NIGHT: Basketball in our Gym 7:30 p.m. to 10 p.m. Shoot the hoops or shoot the breeze, either way, it's a good time. Hope to see you. Drop by for pick-up basketball games every Monday night in our gym. Boys and girls, men and women, ages 13 to 40.



MINISTRY NEWS

HUFFINGTON CENTER AT SAINT SOPHIA CATHEDRAL

Are you looking to impress your guests? With beautiful rooms, ample parking and a state-of-the-art kitchen, Saint Sophia Cathedral's Huffington Center is well equipped to host your next big event. Our eloquent and spacious Maniatakos Ballroom is a perfect fit for wedding receptions, family reunions, business meetings, or fundraisers! For a more intimate setting the Maria Maniatakos Pavilion is a beautiful setting to create wonderful memories. Share the word with friends and associates. Please call the office or send an email to events@huffingtoncenter.org to schedule a tour and set the date for your event.

THE FORUM:

ORTHODOX YOUNG PROFESSIONALS

Saint Sophia hosts a vibrant gathering of young professionals in the General Assembly room **every Tuesday night at 7:00pm.**

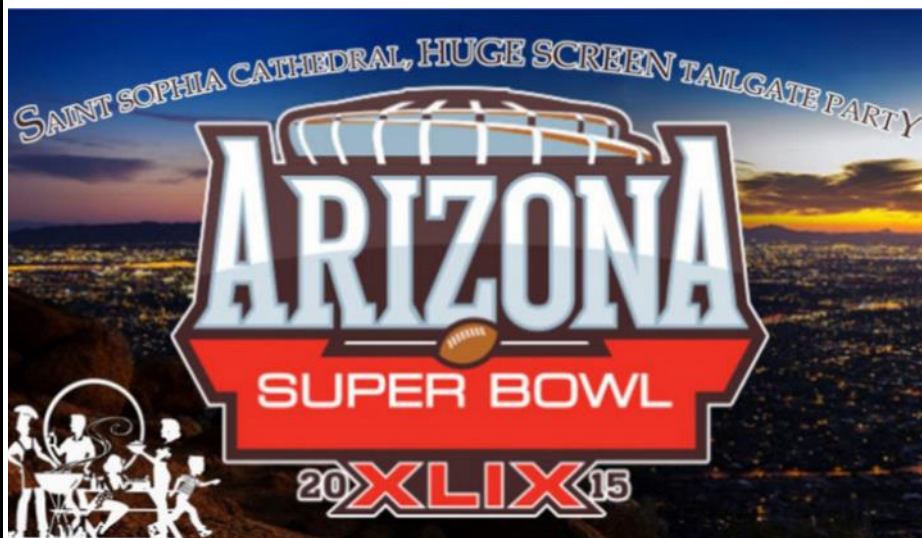
The Forum meets to eat, learn, and pray together; growing in Christ-centered fellowship. It's a great place to meet new people for those young professionals new to the Los Angeles area.



Get connected by liking the page on Facebook:

[facebook.com/cwla.forum](https://www.facebook.com/cwla.forum)

2015 SUPER BOWL PARTY



Remember how much fun we had last year?

Mark Your Calendars for February 1, 2015

2ND SUPER BOWL PARTY

at the Gianopulos Family Theater

THE BIGGEST football event of the year!

The fun starts with the

Outdoor Tailgate Party

on the Cathedral parking lot following the Liturgy!

Only \$25 per parking space*Limited availability

Call Noah Johnson Tel: 323.737.2424 to reserve your space NOW.

**Bring your own food and your own grill
and have fun celebrating with all your friends.**

**Inside, we'll be serving Frozen Margaritas, Pina Coladas,
AND Fr. Allan's Signature Guacamole.**

THE ART OF THE GREEK DANCE



WHEN: *Saturday, January 10 to March 21, 2015*

WHERE: *Saint Sophia Huffington Community Center*

TIME: *10 AM – 11:45 AM*

FEE: *\$140 First Time / \$120 Returning/\$100 Students*

INSTRUCTOR: *Ramsay Seikaly, ramdonseik@hotmail.com*

CONTACT: *Saint Sophia 323-737-2424*

Ramsay Seikaly 818-929-1180

Come and learn all the dances you need to know for festivals, weddings and other Greek events. Guest instructors teach specialized regional dances in the historical context of the regions from which they originated. Bring your dance shoes and we will see you in January 2015. What better way to start the New Year!

Orthodox Calendar

JANUARY 2015

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
				Saint Basil/ Circumcision of our Lord 8:30am Orthros 9:30am Divine Litur-		
4		5	6		7	8
Sunday before Epiphany 8:15am Orthros 9:15am Faith Stud- ies 9:45am Memorials	Small Blessing of the Waters 8:30am Orthros 9:30am Divine Litur-	Theophany 8:30am Orthros 9:30am Divine Litur-	Saint John The Baptist 8:30am Orthros 9:30am Divine Litur-			9
11	12	13	14	15	16	17
Sunday after Epiphany 8:15am Orthros 9:15am Faith Stud- ies 9:45am Memorials	10:30am Women's Bible Study w/Fr. John 7:30pm The Why's of Ortho- doxy w/Fr. Allan	7:00 pm Young Adult Forum	 10:30am Men's Bible Study w/Fr. John	7:30pm Old Tes- tament w/Fr. Allan		Saint Anthony 8:30am Orthros 9:30am Divine Litur- gy
18	19	20	21	22	23	24
12th Sunday of Luke 8:15am Orthros 9:15am Faith Stud- ies 9:45am Memorials	Martin Luther King, Jr OFFICE CLOSED	7:00 pm Young Adult Forum	 10:30am Men's Bible Study w/Fr. John	7:30pm Old Tes- tament w/Fr. Allan		Saint Stephen the 1st Martyr 8:30am Orthros 9:30am Divine Litur- gy
25	26	27	28	29	30	31
12th Sunday of Luke 8:15am Orthros 9:15am Faith Stud- ies 9:45am Memorials	10:30am Women's Bible Study w/Fr. John 7:30pm The Why's of Ortho- doxy w/Fr. Allan	7:00 pm Young Adult Forum	 10:30am Men's Bible Study w/Fr. John	7:30pm Old Tes- tament w/Fr. Allan	 The Three Hierarchs 8:30am Orthros 9:30am Divine Litur-	
		Strict Fast	Fish Allowed	Wine and Oil Allowed	Dairy, Eggs, and Fish Allowed	Fast Free
						